

**Mount Pleasant Youth Athletic Association**  
**5-6 Year Old Coach Pitch/Instructional League**  
**Rules & Regulations**

National Federation Rules Apply with the following exceptions:

- A. Baseball – regular approved hard baseball.
- B. Small barrel bats are to be used.
- C. Regulation game is 6 innings
- D. Time limit is one hour and fifteen minutes.
- E. Base paths will be 60 feet.
- F. Pitching distances will be set at 25 feet with an 8 ft. circle from the pitcher plates.
- G. The coach/pitcher must start pitching motion with one foot in the circle.
- H. Player pitcher must have one foot inside pitching circle at the batters contact.  
Player pitcher must play beside or behind the coach pitcher on either side until ball is batted. **PENALTY:** Batter will be awarded first base. Other runners advance if forced to.
- I. Each batter gets 5 pitches or unless the last pitch/swing is fouled. There are no walks or free bases.
- J. All coaches must pitch overhand to boys, but can pitch underhand to girls. Once the ball is batted the coach must move to the nearest sideline until all play is dead.
- K. If coach/pitcher is hit by batted ball, then ball is considered dead. The pitch will not count and the pitch will be done over.
- L. Each team may score a maximum of 5 runs the first inning. Teams may score 5 runs or go up by 5 runs the remaining innings until the 6<sup>th</sup> inning of the game and teams can score an unlimited amount of runs only in the 6<sup>th</sup> inning.
- M. All team players will bat in a set batting order.
- N. Teams are to bat the entire roster.
- O. You must have at least 8 players to start or finish a game or it will be declared a forfeit. If you have 7 or less players you can pickup additional players, but the game is a forfeit/practice.
- P. Bunting is not permitted. No fake bunts allowed. A player showing bunt may not fake bunt and swing in an effort to hit the ball. **PENALTY:** Batter is out and the ball is dead.
- Q. Batted balls unless called foul by the Coaches, is alive and in play until **the defense calls time from inside the baselines**. The ball remains dead until the next batter.
- R. Only infielders are allowed to call time to stop a play.
- S. Outfielders may not cover any base or tag any runner for a put out.
- T. Any player who arrives late may enter the game immediately but must be added as the last name of the batting order.
- U. Only one batter allowed in the on deck circle. All other players must remain in the dugout.
- V. Only 6 infielders may be used. (1 – Catcher, Pitcher, First, Second, Third and Shortstop) All other players will be used in the outfield.
- W. All players will play when a team is in the outfield.
- X. A safety line will be 30 feet from home plate. No player may be inside of the safety line on contact of a batted ball. **PENALTY:** Batter will be awarded first base.
- Y. There is no infield fly rule.
- Z. There is no base stealing.
- AA. All runners shall be in contact with their bases and shall not leave their bases until the batter has hit the pitch. If a runner leaves the base before the ball is hit, the umpire shall signal to indicate the violation at the time it occurs. The runner is out upon leaving the base early and the ball becomes dead immediately.

- BB. Offensively, only base coaches and the coach pitcher will take positions on the playing field during a game. The base coaches only may instruct the base runners. The coach/pitcher is not allowed to instruct base runners.
- CC. Defensively, a coach may be positioned in both right and left field. At no time may the coach step onto the playing field except in case of obvious injury.
- DD. The first and third base Coaches are responsible for calling outs at their respective bases. Second base is ultimately the defensive outfield Coaches responsibility and Home plate is the Coach/ Catcher's call.
- EE. Home Team's book is final authority when there is a discrepancy between the scorebooks.
- FF. Base Coaches may only touch the runner after the play has been stop. If they make contact with the runner while ball is in play, then child is out due to interference.